

# **Nutrition**

Our Registered Dietitians provide you with a short-term individualized assessment, navigation to group education and actionable steps to implement into your life.

#### TEAM MEMBERS

- Registered Dietitian (RD)
- · Referring EWPCN Family Physician

In addition to providing treatment interventions and education, our RD's can help navigate patients to group educational workshops about nutrition and healthy living offered by Edmonton Zone PCNs and AHS.



### **IN-SCOPE**

- · Patients 2 years of age and older
- Minors with parental consent and involvement
- · Non-urgent referrals

### **OUT-OF-SCOPE**

- Parenteral/enteral nutrition support therapy (i.e., tube feed)
- · Urgent referrals
- Complex issues that require specialty referral (i.e., gestational diabetes, chronic renal failure)
- Virtual out of province patients

## REFERRAL PROCESS

EWPCN physician members or clinicians can refer patients by using the EWPCN Main Referral Form.

Initial appointments deemed appropriate for follow-up care can be requested to book within six months of referral or a previous appointment.

Call us if you have any questions about EWPCN's programs and services.

In-person appointments occur at **Edmonton West Primary Care Network** 

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