

Our Behavioural Health Consultant team offers short-term, non-urgent mental health assistance to help you achieve and sustain optimal well-being.

WORKSHOPS

- Better Choices, Better Health: Chronic Pain
- Changeways: Strategies for Personal Change

COMMUNITY PARTNERSHIP

- Cornerstone Counseling

TEAM MEMBERS

- Behavioural Health Consultant (BHC)
- Psychiatrist
- Referring EWPCN Family Physician

REFERRAL PROCESS

EWPCN physician members or clinicians can refer patients by using the EWPCN Main Referral Form and a letter detailing the reason for the referral.

Appointments can be in-person at the EWPCN central office, in physician member clinics where a BHC has been placed in clinic, virtually via telephone, or virtually via secured video.

Call us if you have any questions about EWPCN's programs and services.



IN-SCOPE

BHC:

- Mature minors and adults
- Minors on a case-by-case basis with parental involvement
- Behaviour change
- Non-urgent referrals

Psychiatry:

- Patients 18 years of age and older

OUT-OF-SCOPE

BHC:

- Supported counselling and/or traditional talk therapy
- Acute psychological trauma
- Urgent referrals

Psychiatry:

- Patients under the age of 18
- Follow-up and management